

<DATE>

<GROUP NAME>

Attn: <GROUP CONTACT FULL NAME>

<ADDRESS 1>

<ADDRESS 2>

<CITY>, <STATE> <ZIP>

### Re: Premium Prescription Drug List Updates Effective July 1, 2024

Dear Group Benefits Manager:

I am writing to notify you of changes to the Blue Cross and Blue Shield of Kansas City (Blue KC) Prescription Drug List (PDL) that will go into effect July 1, 2024.

The Blue KC Medical and Pharmacy Management Committee reviews and maintains the PDL. The Committee, consisting of practicing physicians and pharmacists in the Kansas City area, holds quarterly meetings to evaluate new drug therapies and review drug utilization issues. Medications are evaluated based on drug safety and costs.

The enclosed document outlines the changes in detail. These updates affect employer group members with BlueSelect Plus (PPO/EPO), Preferred-Care Blue® (PPO/EPO), Preferred-Care® (PPO), and Blue-Care® (HMO) plans and are subject to group specific coverage limitations.

#### **How We Will Communicate These Changes**

Blue KC is taking proactive steps to limit disruption, including:

- Sending a letter to impacted members notifying them of the changes.
- Notifying all in-area providers by letter in the event their patients contact them to discuss alternative medications.

If you have any questions, please contact your Blue KC representative.

Sincerely,

The Blue KC Pharmacy Team

Enclosure

# Premium Prescription Drug List Updates Effective July 1, 2024

Please Note: These changes ONLY apply to members on the Premium Formulary. Group-specific benefit exceptions may apply.

### **New Prior Authorization Requirements**

Drug Class	Drugs Requiring Prior Authorization
Cancer Agents	Xatmep oral solution
Cardiovascular Agents	Hemangeol oral solution

#### **New Excluded Medications with Alternatives**

Drug Class	Excluded Medications	Covered Alternative	
Anti-Infective Agents	Uretron D/S tablet	Please talk to your doctor about other option(s).	
Dermatological Agents	Rhofade cream	Mirvaso gel	
Gastrointestinal Agents	Debacterol solution	Please talk to your doctor about other option(s).	
Muscle Relaxants	Fleqsuvy, baclofen suspension	baclofen tablet	
Nonsteroidal Anti-	EC-Naproxen tablet	naproxen tablet	
	tolmetin sodium capsule	celecoxib, diclofenac tablet, etodolac,	
Inflammatory Agents (NSAIDs)	tolmetin sodium tablet	ibuprofen, meloxicam tablet, indomethacin capsule	
Ophthalmic Agents	Prolensa	ketorolac op sol 0.5%, flurbiprofen op sol 0.03%, diclofenac op sol 0.1%	
Renal and Genitourinary Agents	Oracit solution	oral citrate solution	
	Tricitrates solution	Please talk to your doctor about other option(s).	
	Phospha 250 tablet	wes-phos 250 neutral tablet, phosphorous tablet	
	K Citrate solution	Please talk to your doctor about other option(s).	
	promethazine &		
Upper Respiratory	phenylephrine syrup	covered generic cough and cold products	
Combinations	promethazine-phenylephrine- codeine syrup		

# **Tier Changes Affecting Member Copayment**

Medications moving from Tier 3 to Tier 2	
Mirvaso gel	

# **New Excluded Drugs with Covered Generic Equivalents**

Actonel tablet	Agrylin capsule	Alphagan P solution	Avalide tablet
Cardizem tablet	Cardura tablet	Diflucan tablet	EC-Naprosyn tablet
Effient tablet	Fosrenol chew	Gastrocrom concentrate	Inspra tablet
Jalyn capsule	Mestinon tablet	Namenda tablet	Nebusal nebulizer 3%
Spiriva Handihaler	Urocit-K tablet	Urso 250 tablet	Urso Forte tablet
Vancocin capsule			

# **New Excluded Medications with Over-the-Counter (OTC) Alternatives**

The following drugs are now excluded but alternatives are available for members to purchase out of pocket, over the counter.

Drug Class	Excluded Medications	Alternative	
Antifungal Agents	Mycozyl AL 1% external	OTC tolnaftate	
Nonsteroidal Anti- inflammatory (NSAID) Agents	Topical diclofenac (cream, gel, solution)	Use OTC products containing an active ingredient such as diclofenac. Consult your pharmacist or physician about the appropriate option.	
Dermatological Agents	adapalene	Use OTC products containing an active	
	Tazorac, tazarotene	ingredient such as adapalene. Consult your	
	tretinoin, tretinoin microsphere gel	pharmacist or physician about the appropriate option.	
Ophthalmic Agents	alcaftadine	Use OTC ophthalmic products containing an active ingredient such as olopatadine, ketotifen, or alcaftadine. Consult your	
	azelastine HCL		
	bepotastine besilate		
	cetirizine HCL	pharmacist or physician about the	
	olopatadine HCL	appropriate option.	
	ketotifen fumarate		